

Let Your Life Speak

Life Map Planning Sheet

Life Event (Significant turning points, special memories, losses, hurts, etc.)	Era*	Event Type (P for Positive or N for Negative)	Description (How does this reveal who God made me to be?, How has this experience shaped who I am today?, etc.)

* Use the following codes when filling in the Era column of your worksheet.

EC – Early Childhood LC – Late Childhood ET – Early Teens LT – Late Teens 20s – Twenties 30s – Twenties etc.